

**HAWAII BOARD OF PHYSICAL THERAPY**  
**APPROVED CONTINUED COMPETENCE UNITS FOR THE 2023-2024 LICENSING BIENNIUM\***  
*\*as of 7/11/23*

**2023 COURSES**

INDEX #	PROGRAM TITLE	SPONSOR'S NAME	CATEGORY	COURSE TYPE	UNITS	COURSE DATE	DATE OF APPROVAL
23-001	Hawaii Ethics and Jurisprudence: Advice from Aristotle 'Do What is Beautiful'	PTCourses.com	Ethics	Online	4.0	2023-2024	7/12/2022
23-002	Structural Assessment and Intervention for the Lower Quarter with Special Emphasis on the Foot and Ankle, and Fabrication of Custom Foot Orthoses	Venture Physical Therapy LLC	Professional Practice	Live	16.0	3/18/23-3/19/23	11/15/2022
23-003	Structural Assessment and Intervention for the Lower Quarter with Special Emphasis on the Foot and Ankle	Venture Physical Therapy LLC	Professional Practice	Live	12.0	3/18/23-3/19/23	11/15/2022
23-004	Certificate of Competency in Vestibular Rehabilitation	360 Neuro Health Institute	Professional Practice	Online	24.5	N/A	11/15/2022
23-005	LSVT Training and Certification Course	LSVT Global	Professional Practice	Online	14.25	N/A	11/15/2022
23-006	Hawaii Jurisprudence and Ethics for Physical Therapists (2023 - 2024)	MedBridge	Ethics	Online	3.0	1/1/23-12/31/24	11/15/2022
23-007	Hawaii Ethics, Laws, and Rules for Physical Therapy	Summit Professional Education	Ethics	Online	2.0	1/1/23-12/31/24	11/15/2022
23-008	Hawaii Physical Therapy Ethics and Jurisprudence	AdvantageCEUs.com	Ethics	Online	2.0	1/1/23-12/31/24	11/15/2022
23-009	Bridging the Gap: The Shoulder – From Rehabilitation to Aftercare	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-010	Fractures – From the Nose to the Toes	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-011	Fractures – A Therapeutic Overview	AdvantageCEUs.com	Professional Practice	Online	1.0	2023-2024	11/15/2022
23-012	Hip, Knee and Ankle Arthroplasty: Surgical and Treatment Approaches	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-013	Joint Mobilizations for the Lower Quarter	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022

**HAWAII BOARD OF PHYSICAL THERAPY**  
**APPROVED CONTINUED COMPETENCE UNITS FOR THE 2023-2024 LICENSING BIENNIUM\***  
*\*as of 7/11/23*

23-014	Joint Mobilizations for the Upper Quarter	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-015	Orthopedic Rehab Red Flags	AdvantageCEUs.com	Professional Practice	Online	1.0	2023-2024	11/15/2022
23-016	Rehabilitation of the Shoulder	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-017	Rotator Cuff Disorders	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-018	The Knee Joint: Anatomy, Testing, and Diagnosis and Treatment	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-019	The Hip – Anatomy, Examination and Treatment	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-020	The Sacroiliac Joint: Anatomy, Testing and Treatment	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-021	Scapular Dyskinesis	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-022	Stress Fractures	AdvantageCEUs.com	Professional Practice	Online	1.0	2023-2024	11/15/2022
23-023	Upper Extremity Total Joint Arthroplasty & More...	AdvantageCEUs.com	Professional Practice	Online	1.0	2023-2024	11/15/2022
23-024	Concussions: Education, Testing and Management	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-025	Rehabilitation of the Golfer	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-026	Rehabilitation of the Overhead Athlete	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-027	Return to Sport: Guidelines to Testing for the Lower Extremity	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-028	The Throwing Shoulder	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-029	Treatment of the Runner	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022

**HAWAII BOARD OF PHYSICAL THERAPY**  
**APPROVED CONTINUED COMPETENCE UNITS FOR THE 2023-2024 LICENSING BIENNIUM\***  
*\*as of 7/11/23*

23-030	Weight Loss for Athletes: A Therapist's Guide	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-031	Evidence Based Primary Care Screening: Foundations	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-032	Evidence Based Primary Care Screening: Symptoms – Part 1	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-033	Evidence Based Primary Care Screening: Symptoms – Part 2	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-034	Functional Performance Measures for Older Adults	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-035	Dance Rehab: Pre-Season Screen/Nutritional Concerns/Common Injuries/Treatment Strategies	AdvantageCEUs.com	Professional Practice	Online	3.0	2023-2024	11/15/2022
23-036	Hip, Foot and Ankle Pathology in Dancer's: A Surgeon's Perspective	AdvantageCEUs.com	Professional Practice	Online	1.0	2023-2024	11/15/2022
23-037	Introduction to Orthopedic Dance Medicine	AdvantageCEUs.com	Professional Practice	Online	1.0	2023-2024	11/15/2022
23-038	Assessment of Functional Skills in the Educational Environment	AdvantageCEUs.com	Professional Practice	Online	1.0	2023-2024	11/15/2022
23-039	Building a Strong Core: Enhancing School Function Through Therapy Using Piga	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-040	From Delivery to Discharge: Understanding the Role of the Therapy in the NICU	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-041	Pediatric Telehealth Therapy: Case Studies/Parent Training/Behavioral Challenges	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-042	Auto Immune Diseases: An Introduction to Rehabilitation and QOL Issues	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-043	Dementia: Understanding the Science, Symptoms & Stages for Optimal Patient Care	AdvantageCEUs.com	Professional Practice	Online	1.0	2023-2024	11/15/2022

**HAWAII BOARD OF PHYSICAL THERAPY**  
**APPROVED CONTINUED COMPETENCE UNITS FOR THE 2023-2024 LICENSING BIENNIUM\***  
*\*as of 7/11/23*

23-044	Facial Rehabilitation	AdvantageCEUs.com	Professional Practice	Online	4.0	2023-2024	11/15/2022
23-045	Lumbar Stenosis	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-046	Using Dance with Parkinson's Disease	AdvantageCEUs.com	Professional Practice	Online	1.0	2023-2024	11/15/2022
23-047	Pelvic Stability	AdvantageCEUs.com	Professional Practice	Online	1.50	2023-2024	11/15/2022
23-048	Pilates: An Adjunct for Rehabilitation	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-049	Push, Pull, Squat, Hinge – Analyzing and Improving 4 Common Movement Patterns	AdvantageCEUs.com	Professional Practice	Online	2.0	2023-2024	11/15/2022
23-050	Pediatric Bowel & Bladder Disorders (Peds 1)	DSD PT Consulting, PLCC	Professional Practice	Online	17.6	2023-2024	11/15/2022
23-051	Pediatric Functional Gastrointestinal Disorders (Ped 2)	DSD PT Consulting, PLCC	Professional Practice	Online	11.0	2023-2024	11/15/2022
23-052	The Pelvic Floor, the Diaphragm, the Core and their Role in Postural Development in Children	DSD PT Consulting, PLCC	Professional Practice	Online	6.0	2023-2024	11/15/2022
23-053	Fixing You® Method for Solving Difficult Pain Problems	Rick Olderman, MSPT	Professional Practice	Online	23.0	2023-2024	11/15/2022
23-054	Advanced Full Body Online	Active Release Techniques	Professional Practice	Webinar	3.5	3/14/2023	11/15/2022
23-055	Advanced Full Body	Active Release Techniques	Professional Practice	Live	7.5	2023	11/15/2022
23-056	Nerve	Active Release Techniques	Professional Practice	Live	22.5	2023	11/15/2022
23-057	Upper Extremity Level 1	Active Release Techniques	Professional Practice	Live	15.0	2023	11/15/2022
23-058	Spine Level 1	Active Release Techniques	Professional Practice	Live	15.0	2023	11/15/2022
23-059	Full Body Level 1	Active Release Techniques	Professional Practice	Live	44.25	3/26/23-4/1/23	11/15/2022

**HAWAII BOARD OF PHYSICAL THERAPY**  
**APPROVED CONTINUED COMPETENCE UNITS FOR THE 2023-2024 LICENSING BIENNIUM\***  
*\*as of 7/11/23*

23-060	Lower Extremity Level 1	Active Release Techniques	Professional Practice	Live	15.0	2023	11/15/2022
23-061	Hawaii Jurisprudence Assessment Module (HI JAM)	Federation of State Boards of Physical Therapy (FSBPT)	Ethics	Online	2	1/1/23-12/31/24	11/15/2022
23-062	Spine Level 2	Active Release Techniques	Professional Practice	Live	22.5	1/1/23-1/4/23	11/15/2022
23-063	Full Body Level 2	Active Release Techniques	Professional Practice	Live	22.5	1/1/23-1/4/23	11/15/2022
23-064	Myofascial Mobilization	Myofascial Release Seminars	Professional Practice	Live	12.0	2023-2024	2/14/2023
23-065	Pediatric Myofascial Release	Myofascial Release Seminars	Professional Practice	Live	12.0	2023-2024	2/14/2023
23-066	Myofascial Release	Myofascial Release Seminars	Professional Practice	Live	20.0	2023-2024	2/14/2023
23-067	Fascial Pelvis Myofascial Release	Myofascial Release Seminars	Professional Practice	Live	20.0	2023-2024	2/14/2023
23-068	Cervical Thoracic Myofascial Release	Myofascial Release Seminars	Professional Practice	Live	20.0	2023-2024	2/14/2023
23-069	Myofascial Unwinding	Myofascial Release Seminars	Professional Practice	Live	20.0	2023-2024	2/14/2023
23-070	Myofascial Release II	Myofascial Release Seminars	Professional Practice	Live	20.0	2023-2024	2/14/2023
23-071	Women's Health Myofascial Release	Myofascial Release Seminars	Professional Practice	Live	25.0	2023-2024	2/14/2023
23-072	Ethics, Laws, and Rules, for Hawaii Physical Therapists	Colibri Healthcare, LLC	Ethics	Online	2.0	2023-2024	2/14/2023
23-073	Manual Lymph Drainage/Complete Decongestive Therapy Certification Course	Norton School of Lymphatic Therapy	Professional Practice	Live	93.0	2/20/21-2/28/21	2/14/2023
23-074	CoreAlign Instructor Training 1: Foundations	Zohreh Ellison	Professional Practice	Live	16.0	11/6/22-11/13/22	2/14/2023
23-075	CoreAlign Instructor Training 2: Progressions	Zohreh Ellison	Professional Practice	Live	16.0	11/20/22-11/27/22	2/14/2023

**HAWAII BOARD OF PHYSICAL THERAPY**  
**APPROVED CONTINUED COMPETENCE UNITS FOR THE 2023-2024 LICENSING BIENNIUM\***  
*\*as of 7/11/23*

23-076	Upper Extremity Level 2	Active Release Techniques	Professional Practice	Live	22.5	5/18/23-5/21/23 and 10/26/23-10/29/23	7/11/2023
23-078	Advanced Full Body Level 2	Active Release Techniques	Professional Practice	Live	7.5	7/15/23 and 11/30/23	7/11/2023
23-080	An Eclectic Approach to Spinal Mobilization and Manipulation	Ariel Flores, PT, DPT	Professional Practice	Live	16.0	5/24/23 and 5/31/23	7/11/2023
23-081	Lymphatic Drainage Therapy Level 1, 2 and 3	Chikly Health Institute	Professional Practice	Live	24.0	2023 - 2024	7/11/2023
23-082	RUNFIT Video Gait Analysys and Re-Training	OrthoSport Hawaii	Professional Practice	Live	15.0	7/8/23-7/9/23	7/11/2023