

**THE BOARD OF PHYSICAL THERAPY**  
Professional & Vocational Licensing Division  
Department of Commerce and Consumer Affairs  
State of Hawaii

**MINUTES OF MEETING**

Date: November 15, 2022

Time: 9:00 a.m.

Place: Princess Likelike Conference Room  
King Kalakaua Building  
335 Merchant Street, 3rd Floor  
Honolulu, Hawaii 96813

Present: Cynthia Tamayo, Physical Therapist (“PT”), Chairperson  
Joanne Zazzera, PT, Vice Chairperson  
Stacie Keliinoi, PT, Member  
Michele Chee, PT, Member  
Rochelle Araki, Executive Officer (“EO”)  
Christopher J.I. Leong, Deputy Attorney General (“DAG”)

Guests: Bennett Zazzera

Agenda: The agenda for this meeting was filed with the Office of the Lieutenant Governor, as required by section 92-7(b), Hawaii Revised Statutes (“HRS”).

Call to Order: There being a quorum present, Chair Tamayo called the meeting to order at 9:10 a.m.

Agenda: The agenda for this meeting was filed with the Office of the Lieutenant Governor, as required by section 92-7(b), Hawaii Revised Statutes (“HRS”).

Approval of Board Meeting Minutes of July 12, 2022: Chair Tamayo asked if there were any comments or concerns regarding the Board minutes of the July 12, 2022, meeting. There were none.  
There being no further discussion or amendments to the minutes, upon a motion by Chair Tamayo, seconded by Ms. Keliinoi, it was voted on and unanimously carried to approve the Board Meeting Minutes of July 12, 2022, as circulated.

Continuing Competence (“CC”) Course Approval Requests:

a. Ratification of CC Course Previously Approved by the Board  
Upon a motion by Ms. Chee, seconded by Vice Chair Zazzera, it was voted on and unanimously carried to approve the following courses for Professional Practice and Ethics of Physical Therapy CCUs:

<b>PROGRAM TITLE (SPONSOR)</b>	<b>UNITS</b>
Hawaii Jurisprudence and Ethics for Physical Therapist (2023-2024) (Sponsor: MedBridge) (Previous Index #21-032)	3
Hawaii Ethics, Laws, and Rules for Physical Therapy (Sponsor: Summit Professional Education) (Previous Index # 21-003)	2
Hawaii Physical Therapy Ethics and Jurisprudence (Sponsor: AdvantageCEUs.com) (Previous Index # 21-085)	2
Bridging the Gap: The Shoulder – From Rehabilitation to Aftercare (Sponsor: AdvantageCEUs.com) (Previous Index # 21-033)	2
Fractures – From the Nose to the Toes (Sponsor: AdvantageCEUs.com) (Previous Index # 21-034)	2
Fractures – A Therapeutic Overview (Sponsor: AdvantageCEUs.com) (Previous Index # 21-035)	1
Hip, Knee and Ankle Arthroplasty: Surgical and Treatment Approaches (Sponsor: AdvantageCEUs.com) (Previous Index # 21-036)	2
Joint Mobilizations for the Lower Quarter (Sponsor: AdvantageCEUs.com) (Previous Index # 21-037)	2
Joint Mobilizations for the Upper Quarter (Sponsor: AdvantageCEUs.com) (Previous Index # 21-038)	2
Orthopedic Rehab Red Flags (Sponsor: AdvantageCEUs.com) (Previous Index # 21-039)	1
Rehabilitation of the Shoulder (Sponsor: AdvantageCEUs.com) (Previous Index # 21-040)	2
Rotator Cuff Disorders (Sponsor: AdvantageCEUs.com) (Previous Index # 21-041)	2
The Knee Joint: Anatomy, Testing, Diagnosis and Treatment (Sponsor: AdvantageCEUs.com) (Previous Index # 21-042)	2
The Hip – Anatomy, Examination and Treatment (Sponsor: AdvantageCEUs.com) (Previous Index # 21-043)	2
The Sacroiliac Joint Anatomy, Testing and Treatment (Sponsor: AdvantageCEUs.com) (Previous Index # 21-044)	2
Scapular Dyskinesis (Sponsor: AdvantageCEUs.com) (Previous Index # 21-045)	2

Stress Fractures (Sponsor: AdvantageCEUs.com) (Previous Index # 21-046)	1
Upper Extremity Total Joint Arthroplasty & More (Sponsor: AdvantageCEUs.com) (Previous Index # 21-047)	1
Concussions: Education, Testing and Management (Sponsor: AdvantageCEUs.com) (Previous Index # 21-048)	2
Rehabilitation of the Golfer (Sponsor: AdvantageCEUs.com) (Previous Index # 21-049)	2
Rehabilitation of the Overhead Athlete (Sponsor: AdvantageCEUs.com) (Previous Index # 21-050)	2
Return to Sport: Guidelines to Testing for the Lower Extremity (Sponsor: AdvantageCEUs.com) (Previous Index # 21-051)	2
The Throwing Shoulder (Sponsor: AdvantageCEUs.com) (Previous Index # 21-052)	2
Treatment of the Runner (Sponsor: AdvantageCEUs.com) (Previous Index # 21-053)	2
Weight Loss for Athletes: A Therapist's Guide (Sponsor: AdvantageCEUs.com) (Previous Index # 21-054)	2
Evidence Based Primary Care Screening: Foundations (Sponsor: AdvantageCEUs.com) (Previous Index # 21-055)	2
Evidence Based Primary Care Screening: Symptoms – Part 1 (Sponsor: AdvantageCEUs.com) (Previous Index # 21-056)	2
Evidence Based Primary Care Screening: Symptoms – Part 2 (Sponsor: AdvantageCEUs.com) (Previous Index # 21-057)	2
Functional Performance Measures for Older Adults (Sponsor: AdvantageCEUs.com) (Previous Index # 21-058)	2
Dance Rehab: Pre-Season Screen/Nutritional Concerns/Common Injuries/Treatment Strategies (Sponsor: AdvantageCEUs.com) (Previous Index # 21-059)	3
Hip, Foot and Ankle Pathology in Dancer's: A Surgeon's Perspective (Sponsor: AdvantageCEUs.com) (Previous Index # 21-060)	1
Introduction to Orthopedic Dance Medicine (Sponsor: AdvantageCEUs.com) (Previous Index # 21-061)	1
Assessment of Functional Skills in the Educational Environment (Sponsor: AdvantageCEUs.com) (Previous Index # 21-073)	1

Building a Strong Core: Enhancing School Function Through Therapy Using Piga (Sponsor: AdvantageCEUs.com) (Previous Index # 21-062)	2
From Delivery to Discharge: Understanding the Role of Therapy in the NICU (Sponsor: AdvantageCEUs.com) (Previous Index # 21-063)	2
Pediatric Telehealth Therapy: Case Studies/Parent Training/Behavioral Challenges (Sponsor: AdvantageCEUs.com) (Previous Index # 21-064)	2
Auto Immune Diseases: An Introduction to Rehabilitation and QOL Issues (Sponsor: AdvantageCEUs.com) (Previous Index # 21-065)	2
Dementia: Understanding the Science, Symptoms & Stages for Optimal Patient Care (Sponsor: AdvantageCEUs.com) (Previous Index # 21-066)	1
Facial Rehabilitation (Sponsor: AdvantageCEUs.com) (Previous Index # 21-067)	4
Lumbar Stenosis (Sponsor: AdvantageCEUs.com) (Previous Index # 21-068) (Previous Index # 21-068)	2
Using Dance with Parkinson's Disease (Sponsor: AdvantageCEUs.com) (Previous Index # 21-069)	1
Pelvic Stability (Sponsor: AdvantageCEUs.com) (Previous Index # 21-070)	1.5
Pilates: An Adjunct for Rehabilitation (Sponsor: AdvantageCEUs.com) (Previous Index # 21-071)	2
Push, Pull, Squat, Hinge – Analyzing and Improving 4 Common Movement Patters (Sponsor: AdvantageCEUs.com) (Previous Index # 21-072)	2
Pediatric Bowel & Bladder Disorders (Peds 1) (Sponsor: Kids Bowel and Bladder) (Previous Index # 21-091)	17.6
Pediatric Functional Gastrointestinal Disorders (Peds 2) (Sponsor: Kids Bowel and Bladder) (Previous Index # 21-001)	11
The Pelvic Floor, the Diaphragm, the Core and their Role in Postural Development in Children (Sponsor: Kids Bowel and Bladder) (Previous Index # 21-096)	6
Fixing You® Method for Solving Difficult Pain Problems (Sponsor: Rick Olderman, MSPT) (Previous Index # 22-026)	23
Advanced Full Body Online (Sponsor: Active Release Techniques) (Previous Index # 22-002)	3.5

Advanced Full Body (Sponsor: Active Release Techniques) (Previous Index # 22-003)	7.5
Nerve (Sponsor: Active Release Techniques) (Previous Index # 22-004)	22.5
Upper Extremity Level 1 (Sponsor: Active Release Techniques) (Previous Index # 22-005)	15
Spine Level 1 (Sponsor: Active Release Techniques) (Previous Index # 22-007)	15
Full Body Level 1 (Sponsor: Active Release Techniques) (Previous Index # 22-008)	44.25
Lower Extremity Level 1 (Sponsor: Active Release Techniques) (Previous Index # 22-014)	15

b. CC Courses Requests for Review

Upon a motion by Chair Tamayo, seconded by Ms. Keliinoi, it was voted on and unanimously carried to approve the following courses for Professional Practice and Ethics of Physical Therapy CCUs:

<b>PROGRAM TITLE (SPONSOR)</b>	<b>UNITS</b>
Tendinopathy in the Lower Extremities: Advances in Evidence Based Treatment (Sponsor: Michael Turner DPT)	5
Hawai'i Sports Medicine Summit (Sponsor: Hawai'i Pacific Health – Clinical Education – Joint Accreditation)	14
Hawaii Jurisprudence Assessment Module (HI JAM) (Sponsor: Federation of State Boards of Physical Therapy (FSBPT)	2
Structural Assessment and Intervention for the Lower Quarter with Special Emphasis on the Foot and Ankle, and Fabrication of Custom Foot Orthoses (Sponsor: Venture Physical Therapy LLC)	16
Structural Assessment and Intervention for the Lower Quarter with Special Emphasis on the Foot and Ankle (Sponsor: Venture Physical Therapy LLC)	12
Certificate of Competency in Vestibular Rehabilitation (Sponsor: 360 Neuro Health Institute)	24.5
Treatment of Patellofemoral Pain/Blood Flow Restriction (Sponsor: Tom McConnell, PT, ATC/Greater Pittsburgh Physical Therapy & Sports Medicine)	2.5

Skin and Wound Management Course (Sponsor: Wound Care Education Institute)	22.75
Spine Level 2 (Sponsor: Active Release Techniques)	22.5
Lower Extremity Level 2 (Sponsor: Active Release Techniques)	22.5

Upon a motion by Chair Tamayo, seconded by Ms. Keliinoi, it was voted on and unanimously carried to approve the following course for 14.25 units only (14.5 units was submitted and requested) for the Professional Practice and Ethics of Physical Therapy CCUs:

LSVT Big Training and Certification Course (Sponsor: LSVT Global)	14.25
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Executive Session:

At 9:19 a.m., it was moved by Chair Tamayo, seconded by Vice Chair Zazzera, and unanimously carried to enter into executive session pursuant to HRS section 92-5(a)(1) to consider and evaluate personal information relating to individuals applying for professional or vocational licenses cited in HRS section 26-9, and to consult with Christopher Leong, Deputy Attorney General, on questions and issues pertaining to the Board’s powers, duties, privileges, immunities, and liabilities pursuant to HRS section 92-5(a)(4).

At 9:24 a.m., it was moved by Chair Tamayo, seconded by Ms. Chee, and unanimously carried to move out of executive session and to reconvene to the Board’s regular order of business.

Applications:

- a. Sheryl Deem

It was moved by Vice Chair Zazzera, seconded by Ms. Keliinoi, and unanimously carried to approve Sheryl Deem’s application for licensure.

- b. Diane Lynn Sampson

It was moved by Vice Chair Zazzera, seconded by Ms. Keliinoi, and unanimously carried to approve Diane Lynn Sampson’s application for licensure.

Executive Officers Report:

Federation of State Board of Physical Therapy – Annual Meeting

EO Araki reported on FSBPT's Leadership Issues Forum that was held in Virginia last July 23-24, 2022.

The purpose of FSBPT's Leadership Forum was to provide leadership in regulation, specifically, to improve the public protection

Topics that were discussed at the meeting were:

**“Continuing Competence Committee/Healthy Practice.”**

The committee performed a comprehensive literature review to determine best practices across healthcare self-assessments for continuing competency.

**“Fiscal Management”**

FSBPT's operations and future goals were discussed.

**“Jurisdictional Grants/API”**

The availability of FSBPT's grants that can be used by each jurisdiction was discussed.

**“Ethics and Legislation Committee”**

This session talked about the Model Practice Act, which is a tightly constructed and integrated model for the regulation of physical therapy.

**“Virtual PT Platforms”**

This session talked about Virtual Physical Therapy. Some use technology on cell phones, others use sensors and tablets to provide virtual physical therapy.

**“ELDD Quality and State Participation Task Force”**

This session talked about states that are currently participating, not participating and working towards participation in FSBPT's ELDD program.

**“PT Compact Update”**

This session talked about the status of PT Compact adoption for each jurisdiction and the impact of the compact on ELDD.

**“Bylaws Considerations”**

This session talked about the changes to FSBPT's bylaws from 2021.

**“Re-Entry Demographics”**

This session talked about re-entry to the profession for PT's and PTA's. A study with 4,300 respondents was conducted and found:

- About 30% of experienced professionals took at least some time away
- Most were within 3-6 months
- Entry level PT's were less likely to take time away
- Entry level PTA's were more likely to take time away

- Females were most likely to take time away
- Most seemed to confirm that working in direct patient care was related to taking time off

#### **“NPTE Updates”**

This session talked about upcoming changes to the NPTE PT and PTA exam starting October 2022.

Upcoming changes to NPTE PTA exam:

- Adding videos in 2022-2023 –

250 questions, some items with video

- Adding scenarios in 2024 –

225 questions, some items with video, 40 scenario based

Upcoming changes to NPTE PTA exam:

- Adding videos in 2022-2023 –

200 questions, some items with video

- Adding scenarios in 2024 –

180 questions, some items with video, 35 scenario based

#### **“Old Test Scores”**

This session talked about problems with old test scores:

- Original record of the score was purged from database
- Rules prior to 1996 was not consistent
- Some were normative – no “cut score”, e.g., “no lower than 1SD below the mean”

#### **“Workforce”**

This session talked about a workforce study conducted by the Arizona Physical Therapy Board. A survey was sent to licensees in Arizona asking the below:

- Race
- Principle Practice Site State
- Zip Code
- Average hours worked per week int the last 12 months
- Primary responsibilities
- Plans in Arizona prior to the next renewal of license
- If they plan to reduce direct clinical/patient care hours
- Highest level of education

#### **“CAPTE Standards Revision”**

This session talked about CAPTE’s:

- Scheduled on-site visits
- Follow up visits
- CAPTE restructure
- CAPTE Pilot project
- Standards and required element revisions

#### **“Collaboration with Other Health Care Regulatory Groups”**



This session talked about FSBPT partnering with ASWB, NCSBN, ASPPB, NABP, FSMB and NBCOT. FSBPT's collaborative projects with NPDB on the basis for action code definitions and with the National Academy of Medicine's Action Collaborative on Countering the US Opioid Epidemic.

**“Diversity, Equity, Inclusion and Belonging”**

This session talked about building partnerships, creating space and developing opportunities to increase racial and ethnic diversity in Physical Therapy. A workgroup within FSBPT was assigned tasks in developing and evaluating:

- Pipeline programs
- Admissions
- Recruitment and Retention
- Mentoring
- Post Professional Physical Therapy

**“Close Relationship Task Force”**

This session talked about the dual relationship of a provider to their patients – when do doctor and patient relationship ends. Does it end when the patient leaves their office? The task force also provided applicable recommendations.

**“HRRI Strategic Planning”**

This session talked about the focus of areas in research for HRRI, its past and current projects, their goals and outputs and what the outcomes will be.

**“Multi-Jurisdiction JAM Introductions”**

This session talked about the different jurisdictions that require jurisprudence exam for initial licensure, renewals as well as compact members.

**“Sexual Misconduct and Boundaries Committee Update”**

This session talked about raising awareness on sexual misconduct and boundaries. The Committee provided 3 things to think about:

- Patients lead prevention – provide patients with information on what they should expect from their physical therapist.
- With knowledge comes responsibility – develop messages and resources to help the public and licensee better understand the rules and issues. Education by regulators raises awareness for the uninformed.
- The Power Imbalance is Real – the committee talked about different scenarios of power imbalance between providers and their patients.

Correspondence: Certified medical examiner listed in the Federal Motor Carrier Safety Administration (FMCSA) National Registry of Certified Medical Examiners (National Registry)

The Hawaii Board of Physical Therapy reviewed the documents from the U.S. Department of Transportation Federal Motor Carrier Safety Administration

(FMSCA) last June 21, 2022. FMCSA has received request from a licensed Physical Therapist in Hawaii to become a certified medical examiner listed on FMCSA's National Registry of Certified Medical Examiners (National Registry). The Board was tasked to provide a response to the question below:

"Does the scope of practice for a Physical Therapist/Doctor of Physical Therapy in your state permit him/her to conduct the testing and physical examination of body systems required on the enclosed Medical Examination Report, determine whether the driver is physically qualified to drive a CMV in interstate commerce, and complete the Medical Examiner's Certificate?"

By consensus, the Board determined that pursuant to Hawaii Administrative Rules §16-110-2, that this would be outside the scope of practice for a Hawaii licensed Physical Therapist.

Next Meeting: January 10, 2023  
9:00 a.m.  
Queen Liliuokalani Conference Room  
King Kalakaua Building  
335 Merchant Street, First Floor  
Honolulu, Hawaii 96813

Adjournment: With no further business to discuss, Chair Tamayo adjourned the meeting at 10:13 a.m.

Taken by:

/s/ Rochelle Araki

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Rochelle Araki  
Executive Officer

12/19/2022

Minutes approved as is.

Minutes approved with changes; see minutes of \_\_\_\_\_.