

**HAWAII BOARD OF PHYSICAL THERAPY**  
**APPROVED CONTINUED COMPETENCE UNITS FOR THE 2021-2022 LICENSING BIENNIUM\***  
*\*as of 11/15/22*

**2021 COURSES**

INDEX #	PROGRAM TITLE	SPONSOR'S NAME	CATEGORY	COURSE TYPE	UNITS	COURSE DATE	DATE OF APPROVAL
21-001	Pediatric Functional Gastrointestinal Disorder	Kids Bowel and Bladder	Professional Practice	Online	11.0	2021-2022	11/17/2020
21-002	Hawaii Ethics and Jurisprudence: Advice from Aristotle 'Do What is Beautiful'	PTCourses.com	Ethics	Online	4.0	2021-2022	11/17/2020
21-003	Hawaii Ethics, Laws, and Rules for Physical Therapy	Summit Professional Education	Ethics	Online	2.0	1/1/21-12/31/21	11/17/2020
21-032	Hawaii Jurisprudence and Ethics for Physical Therapist (2020 – 2022)	MedBridge	Ethics	Online	2.0	1/1/21-12/31/22	11/17/2020
21-033	Bridging the Gap: The Shoulder – From Rehabilitation to Aftercare	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-034	Fractures – From the Nose to the Toes	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-035	Fractures – A Therapeutic Overview	AdvantageCEUs.com	Professional Practice	Online	1.0	N/A	11/17/2020
21-036	Hip, Knee and Ankle Arthroplasty: Surgical and Treatment Approaches	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-037	Joint Mobilizations for the Lower Quarter	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-038	Joint Mobilizations for the Upper Quarter	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-039	Orthopedic Rehab Red Flags	AdvantageCEUs.com	Professional Practice	Online	1.0	N/A	11/17/2020
21-040	Rehabilitation of the Shoulder	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
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21-041	Rotator Cuff Disorders	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-042	The Knee Joint: Anatomy, Testing, and Diagnosis and Treatment	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-043	The Hip – Anatomy, Examination and Treatment	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-044	The Sacroiliac Joint: Anatomy, Testing and Treatment	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-045	Scapular Dyskinesis	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-046	Stress Fractures	AdvantageCEUs.com	Professional Practice	Online	1.0	N/A	11/17/2020
21-047	Upper Extremity Total Joint Arthroplasty & More.	AdvantageCEUs.com	Professional Practice	Online	1.0	N/A	11/17/2020
21-048	Concussions: Education, Testing and Management	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-049	Rehabilitation of the Golfer	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-050	Rehabilitation of the Overhead Athlete	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
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21-051	Return to Sport: Guidelines to Testing for the Lower Extremity	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-052	The Throwing Shoulder	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020

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21-053	Treatment of the Runner	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-054	Weight Loss for Athlete: A Therapist's Guide	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-055	Evidence Based Primary Care Screening: Foundations	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-056	Evidence Based Primary Care Screening: Symptoms – Part 1	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-057	Evidence Based Primary Care Screening: Symptoms – Part 2	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-058	Functional Performance Measures for Older Adults	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-059	Dance Rehab: Pre-Season Screen/Nutritional Concerns/Common Injuries/Treatment Strategies	AdvantageCEUs.com	Professional Practice	Online	3.0	N/A	11/17/2020
21-060	Hip, Foot and Ankle Pathology in Dancer's: A Surgeon's Perspective	AdvantageCEUs.com	Professional Practice	Online	1.0	N/A	11/17/2020
21-061	Introduction to Orthopedic Dance Medicine	AdvantageCEUs.com	Professional Practice	Online	1.0	N/A	11/17/2020
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21-062	Building a Strong Core: Enhancing School Function Through Therapy Using Piga	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-063	From Delivery to Discharge: Understanding the Role of the Therapy in the NICU	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-064	Pediatric Telehealth Therapy: Case Studies/Parent Training/Behavioral Challenges	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020

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21-065	Auto Immune Diseases: An Introduction to Rehabilitation and QOL Issues	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-066	Dementia: Understanding the Science, Symptoms & Stages for Optimal Patient Care	AdvantageCEUs.com	Professional Practice	Online	1.0	N/A	11/17/2020
21-067	Facial Rehabilitation	AdvantageCEUs.com	Professional Practice	Online	4.0	N/A	11/17/2020
21-068	Lumbar Stenosis	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-069	Using Dance with Parkinson's Disease	AdvantageCEUs.com	Professional Practice	Online	1.0	N/A	11/17/2020
21-070	Pelvic Stability	AdvantageCEUs.com	Professional Practice	Online	1.50	N/A	11/17/2020
21-071	An Adjunct for Rehabilitation	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-072	Push, Pull, Squat, Hinge – Analyzing and Improving 4 Common Movement Patterns	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
21-073	Assessment of Functional Skills in the Educational Environment	AdvantageCEUs.com	Professional Practice	Online	2.0	N/A	11/17/2020
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21-074	Legal and Ethical Practice in Hawaii	PhysicalTherapy.com	Ethics	Online	2.0	N/A	1/12/2021
21-075	Ethics, Laws and Jurisprudence for Physical Therapy Professionals	Biologix Solutions LLC	Ethics	Online	2.0	2021-2022	1/12/2021
21-076	Myofascial Mobilization	Myofascial Release Seminars	Professional Practice	Live	12.0	Varius (held in 2021)	1/12/2021
21-077	Pediatric Myofascial Release	Myofascial Release Seminars	Professional Practice	Live	12.0	Varius (held in 2021)	1/12/2021
21-078	Myofascial Release I	Myofascial Release Seminars	Professional Practice	Live	20.0	Varius (held in 2021)	1/12/2021

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21-079	Fascial-Pelvis Myofascial Release	Myofascial Release Seminars	Professional Practice	Live	20.0	Varius (held in 2021)	1/12/2021
21-080	Cervical Thoracic Myofascial Release	Myofascial Release Seminars	Professional Practice	Live	20.0	Varius (held in 2021)	1/12/2021
21-081	Myofascial Unwinding	Myofascial Release Seminars	Professional Practice	Live	20.0	Varius (held in 2021)	1/12/2021
21-082	Myofascial Release II	Myofascial Release Seminars	Professional Practice	Live	20.0	Varius (held in 2021)	1/12/2021
21-083	Women's Health Myofascial Release	Myofascial Release Seminars	Professional Practice	Live	25.0	Varius (held in 2021)	1/12/2021
21-084	Functional Capacity Evaluation + Return to Work + Work Hardening/Work Conditioning Certification Course	OCCUPRO	Professional Practice	Online	21.50	N/A	1/12/2021
21-085	Hawaii Physical Therapy Ethics & Jurisprudence	AdvantageCEUs.com	Ethics	Online	2.0	N/A	11/17/2020
21-086	Foundations in Manual Therapy	Walt Fritz, PT	Professional Practice	Live	16.0	3/23-3/24/2021	3/9/2021
21-087	A Step Ahead: Effective Management of Excessive Pronation – Webinar	Surestep	Professional Practice	Webinar	2.0	3/16/2021	3/9/2021
21-088	RunTech Video Gait Analysis and Re-Training	OrthoSport Hawaii	Professional Practice	Live	15.0	6/26-17/21	5/11/2021
21-089	Integrated Assessment and Management of the Lower Quadrant	ASPIRE OMT	Professional Practice	Live	21	3/12-14/21; 3/19-21/21	5/11/2021
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21-090	COMT-2 Cervical: Gateway to musculoskeletal therapy	ASPIRE OMT	Professional Practice	Live	21	4/23-24/21	5/11/2021
21-091	Pediatric Bowel and Bladder Disorders	Kids Bowel and Bladder	Professional Practice	Online	17.6	2021-2022	5/11/2021

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21-092	Movement Links Series	David Kurihara	Professional Practice	Live	28 Lower Quarter/28 Upper Quarter	2021-2022	7/13/2021
21-093	Concussion Summit 2021	Hawaii Concussion Awareness & Management Program/University of Hawaii at Manoa	Professional Practice	Webinar	10	7/8-9/2021	7/13/2021
21-094	Meet the Challenges of Your Infection Prevention & Control Program Post COVID-19	Healthcare Association of Hawaii/Hawaii Hospital Education and Research Foundation	Professional Practice	Webinar	3	7/2021 -9/2021	7/13/2021
21-095	Hawaii Pacific Health Sports Medicine Symposium 2021	Hawaii Pacific Health	Professional Practice	Live/Webinar	4	5/22/2021	7/13/2021
21-096	The Pelvic Floor the Diaphragm, the Core and their Role in Postural Development in Children	Kids Bowel and Bladder	Professional Practice	Online	6	2021-2022	7/13/2021
21-097	Resistance Training for Low Back Pain	Dr. Kelsey Kuehn, PT, DPT, CSCS	Professional Practice	Live	2	8/11/2021	9/14/2021
21-098	Functional Capacity Evaluation Training Course	OCCUPRO	Professional Practice	Live	22.5	8/27-29/21	9/14/2021
21-099	SMT-4: Spinal Segmental Manipulation Part A&B	ASPIRE OMT	Professional Practice	Live	42	11/5-7/21 & 11/12-14/21	11/9/2021
21-100	Ethics, Laws, and Rules, for Hawaii Physical Therapists	Elite Professional Education LLC	Ethics	Online	2	2021-2022	11/9/2021
21-101	Safe Travel for All Children: Transporting Children with Special Healthcare Needs Training	Keiki Injury Prevention Coalition (co-sponsored Hawaii Department of Transportation and Kapiolani Medical Center	Professional Practice	Live	11.5	11/16-17/21 or 11/18-19/21	11/9/2021

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**2022 COURSES**

INDEX #	PROGRAM TITLE	SPONSOR'S NAME	CATEGORY	COURSE TYPE	UNITS	COURSE DATE	DATE OF APPROVAL
22-001	Foundations in Manual Therapy: Voice and Swallowing Disorders	Walt Fritz, PT	Professional Practice	Live	14	1/20/22-1/21/22	1/11/2022
22-002	Advanced Full Body Online	Active Release Techniques	Professional Practice	Webinar	3.5	3/15/22; 6/7/22; 9/13/22; 12/13/22	1/11/2022
22-003	Advanced Full Body	Active Release Techniques	Professional Practice	Live	7.5	2/13/2022	1/11/2022
22-004	Nerve	Active Release Techniques	Professional Practice	Live	22.5	2/10/22 - 2/12/22	1/11/2022
22-005	Upper Extremity Level 1	Active Release Techniques	Professional Practice	Live	15	2/4/22 - 2/6/22	1/11/2022
22-006	Upper Extremity Level 1	Active Release Techniques	Professional Practice	Live	15	11/11/22 - 11/13/22	1/11/2022
22-007	Spine Level 1	Active Release Techniques	Professional Practice	Live	15	7/15/22 - 7/17/22	1/11/2022
22-008	Full Body Level 1	Active Release Techniques	Professional Practice	Live	42.75	2/20/22 - 2/26/22	1/11/2022
22-009	Full Body Level 1	Active Release Techniques	Professional Practice	Live	42.75	5/1/22 - 5/7/22	1/11/2022
22-010	Full Body Level 1	Active Release Techniques	Professional Practice	Live	42.75	7/24/22 - 7/30/22	1/11/2022
22-011	Full Body Level 1	Active Release Techniques	Professional Practice	Live	42.75	9/25/22 - 10/1/22	1/11/2022
22-012	Full Body Level 1	Active Release Techniques	Professional Practice	Live	42.75	12/4/22 - 12/10/22	1/11/2022
INDEX #	PROGRAM TITLE	SPONSOR'S NAME	CATEGORY	COURSE TYPE	UNITS	COURSE DATE	DATE OF APPROVAL
22-013	Advanced Full Body Level 2	Active Release Techniques	Professional Practice	Live	7.5	8/25/22 - 9/15/22	1/11/2022
22-014	Lower Extremity Level 1	Active Release Techniques	Professional Practice	Live	15	3/4/22 - 3/6/22	1/11/2022

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22-015	Lower Extremity Level 1	Active Release Techniques	Professional Practice	Live	15	8/19/22 - 8/21/22	1/11/2022
22-016	Lower Extremity Level 1	Active Release Techniques	Professional Practice	Live	15	9/16/22 - 9/18/22	1/11/2022
22-017	Lower Extremity Level 1	Active Release Techniques	Professional Practice	Live	15	10/15/22 - 10/17/22	1/11/2022
22-018	Lower Extremity Level 1	Active Release Techniques	Professional Practice	Live	15	6/10/22 - 6/12/22	1/11/2022
22-019	Upper Extremity Level 1	Active Release Techniques	Professional Practice	Live	15	9/9/22 - 9/11/22	1/11/2022
22-020	Spine Level 1	Active Release Techniques	Professional Practice	Live	15	5/20/22 - 5/22/22	1/11/2022
22-021	Spine Level 1	Active Release Techniques	Professional Practice	Live	15	3/11/22 - 3/13/22	1/11/2022
22-022	Spine Level 1	Active Release Techniques	Professional Practice	Live	15	9/16/22 - 9/18/22	1/11/2022
22-023	COMT-1 Lumbar Gateway to musculoskeletal therapy	ASPIRE OMT	Professional Practice	Live	21	1/8/22-1/9/22	3/8/2022
22-024	COMT-1 Lumbar Gateway to musculoskeletal therapy	ASPIRE OMT	Professional Practice	Live	21	1/29/22-1/30/22	3/8/2022
22-025	SMT-5 Integrated Advanced Clinical Reasoning	ASPIRE OMT	Professional Practice	Live	21	2/25/22-2/27/22	3/8/2022
22-026	Fixing You® Method for Solving Difficult Pain Problems	Rick Olderman, MSPT	Professional Practice	Downloadable Online Course	23	1/1/22-12/31/22	3/8/2022
22-027	Advanced Full Body	Active Release Techniques	Professional Practice	Live	7.5	10/2/2022	5/10/2022
22-028	Nerve	Active Release Techniques	Professional Practice	Live	22.5	9/30/22-10/2/22	5/10/2022
22-029	Lower Extremity Level 1	Active Release Techniques	Professional Practice	Live	15	9/30/22-10/1/22	5/10/2022
22-030	Cardiovascular and Pulmonary Specialty (CCS) Examination Preparatory Course	Good Heart Education	Professional Practice	Webinar	50	8/20-2/21	7/12/2022



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22-031	Foot and Ankle Rehabilitation	Forward Movement Analysis and Rehabilitation LLC	Professional Practice	Live	16	7/30/22-7/31/22	7/12/2022
22-032	Tendinopathy in the Lower Extremities: Advances in Evidence Based Treatment	OrthoSport Hawaii	Professional Practice	Live	5	7/30/2022	11/15/2022
22-033	Hawai'i Sports Medicine Summit	Hawai'i Pacific Health - Clinical Education - Joint Accreditation	Professional Practice	Webinar	14	6/3/22-6/4/22	11/15/2022
22-038	Treatment of Patellofemoral Pain/Blood Flow Restriction	Tom McConnell, PT, ATC/Greater Pittsburgh Physical Therapy & Sports Medicine	Professional Practice	Live	2.5	10/14/2022	11/15/2022
22-039	Skin and Wound Management Course	Wound Care Education Institute	Professional Practice	Online	22.75	9/8/22-9/9/22 & 9/13/22- 9/14/22	11/15/2022