

**HAWAII BOARD OF PHYSICAL THERAPY**  
**APPROVED CONTINUED COMPETENCE UNITS FOR THE 2021-2022 LICENSING BIENNIUM\***  
*\*as of 7/12/22*

**2021 COURSES**

| INDEX # | PROGRAM TITLE   | SPONSOR'S NAME                | CATEGORY              | COURSE TYPE | UNITS | COURSE DATE     | DATE OF APPROVAL |
|---------|---|-------------------------------|-----------------------|-------------|-------|-----------------|------------------|
| 21-001  | Pediatric Functional Gastrointestinal Disorder                                | Kids Bowel and Bladder        | Professional Practice | Online      | 11.0  | 2021-2022       | 11/17/2020       |
| 21-002  | Hawaii Ethics and Jurisprudence: Advice from Aristotle 'Do What is Beautiful' | PTCourses.com                 | Ethics                | Online      | 4.0   | 2021-2022       | 11/17/2020       |
| 21-003  | Hawaii Ethics, Laws, and Rules for Physical Therapy                           | Summit Professional Education | Ethics                | Online      | 2.0   | 1/1/21-12/31/21 | 11/17/2020       |
| 21-032  | Hawaii Jurisprudence and Ethics for Physical Therapist (2020 – 2022)          | MedBridge                     | Ethics                | Online      | 2.0   | 1/1/21-12/31/22 | 11/17/2020       |
| 21-033  | Bridging the Gap: The Shoulder – From Rehabilitation to Aftercare             | AdvantageCEUs.com             | Professional Practice | Online      | 2.0   | N/A             | 11/17/2020       |
| 21-034  | Fractures – From the Nose to the Toes   | AdvantageCEUs.com             | Professional Practice | Online      | 2.0   | N/A             | 11/17/2020       |
| 21-035  | Fractures – A Therapeutic Overview  | AdvantageCEUs.com             | Professional Practice | Online      | 1.0   | N/A             | 11/17/2020       |
| 21-036  | Hip, Knee and Ankle Arthroplasty: Surgical and Treatment Approaches           | AdvantageCEUs.com             | Professional Practice | Online      | 2.0   | N/A             | 11/17/2020       |
| 21-037  | Joint Mobilizations for the Lower Quarter                                     | AdvantageCEUs.com             | Professional Practice | Online      | 2.0   | N/A             | 11/17/2020       |
| 21-038  | Joint Mobilizations for the Upper Quarter                                     | AdvantageCEUs.com             | Professional Practice | Online      | 2.0   | N/A             | 11/17/2020       |
| 21-039  | Orthopedic Rehab Red Flags  | AdvantageCEUs.com             | Professional Practice | Online      | 1.0   | N/A             | 11/17/2020       |
| 21-040  | Rehabilitation of the Shoulder  | AdvantageCEUs.com             | Professional Practice | Online      | 2.0   | N/A             | 11/17/2020       |
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| 21-041         | Rotator Cuff Disorders   | AdvantageCEUs.com     | Professional Practice | Online             | 2.0          | N/A                | 11/17/2020              |
|----------------|--|-----------------------|-----------------------|--------------------|--------------|--------------------|-------------------------|
| 21-042         | The Knee Joint: Anatomy, Testing, and Diagnosis and Treatment  | AdvantageCEUs.com     | Professional Practice | Online             | 2.0          | N/A                | 11/17/2020              |
| 21-043         | The Hip – Anatomy, Examination and Treatment                   | AdvantageCEUs.com     | Professional Practice | Online             | 2.0          | N/A                | 11/17/2020              |
| 21-044         | The Sacroiliac Joint: Anatomy, Testing and Treatment           | AdvantageCEUs.com     | Professional Practice | Online             | 2.0          | N/A                | 11/17/2020              |
| 21-045         | Scapular Dyskinesis  | AdvantageCEUs.com     | Professional Practice | Online             | 2.0          | N/A                | 11/17/2020              |
| 21-046         | Stress Fractures   | AdvantageCEUs.com     | Professional Practice | Online             | 1.0          | N/A                | 11/17/2020              |
| 21-047         | Upper Extremity Total Joint Arthroplasty & More.               | AdvantageCEUs.com     | Professional Practice | Online             | 1.0          | N/A                | 11/17/2020              |
| 21-048         | Concussions: Education, Testing and Management                 | AdvantageCEUs.com     | Professional Practice | Online             | 2.0          | N/A                | 11/17/2020              |
| 21-049         | Rehabilitation of the Golfer                                   | AdvantageCEUs.com     | Professional Practice | Online             | 2.0          | N/A                | 11/17/2020              |
| 21-050         | Rehabilitation of the Overhead Athlete                         | AdvantageCEUs.com     | Professional Practice | Online             | 2.0          | N/A                | 11/17/2020              |
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| 21-051         | Return to Sport: Guidelines to Testing for the Lower Extremity | AdvantageCEUs.com     | Professional Practice | Online             | 2.0          | N/A                | 11/17/2020              |
| 21-052         | The Throwing Shoulder  | AdvantageCEUs.com     | Professional Practice | Online             | 2.0          | N/A                | 11/17/2020              |

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| 21-053         | Treatment of the Runner  | AdvantageCEUs.com     | Professional Practice | Online             | 2.0          | N/A                | 11/17/2020              |
|----------------|--|-----------------------|-----------------------|--------------------|--------------|--------------------|-------------------------|
| 21-054         | Weight Loss for Athlete: A Therapist's Guide   | AdvantageCEUs.com     | Professional Practice | Online             | 2.0          | N/A                | 11/17/2020              |
| 21-055         | Evidence Based Primary Care Screening: Foundations                                       | AdvantageCEUs.com     | Professional Practice | Online             | 2.0          | N/A                | 11/17/2020              |
| 21-056         | Evidence Based Primary Care Screening: Symptoms – Part 1                                 | AdvantageCEUs.com     | Professional Practice | Online             | 2.0          | N/A                | 11/17/2020              |
| 21-057         | Evidence Based Primary Care Screening: Symptoms – Part 2                                 | AdvantageCEUs.com     | Professional Practice | Online             | 2.0          | N/A                | 11/17/2020              |
| 21-058         | Functional Performance Measures for Older Adults   | AdvantageCEUs.com     | Professional Practice | Online             | 2.0          | N/A                | 11/17/2020              |
| 21-059         | Dance Rehab: Pre-Season Screen/Nutritional Concerns/Common Injuries/Treatment Strategies | AdvantageCEUs.com     | Professional Practice | Online             | 3.0          | N/A                | 11/17/2020              |
| 21-060         | Hip, Foot and Ankle Pathology in Dancer's: A Surgeon's Perspective                       | AdvantageCEUs.com     | Professional Practice | Online             | 1.0          | N/A                | 11/17/2020              |
| 21-061         | Introduction to Orthopedic Dance Medicine  | AdvantageCEUs.com     | Professional Practice | Online             | 1.0          | N/A                | 11/17/2020              |
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| 21-062         | Building a Strong Core: Enhancing School Function Through Therapy Using Piga             | AdvantageCEUs.com     | Professional Practice | Online             | 2.0          | N/A                | 11/17/2020              |
| 21-063         | From Delivery to Discharge: Understanding the Role of the Therapy in the NICU            | AdvantageCEUs.com     | Professional Practice | Online             | 2.0          | N/A                | 11/17/2020              |
| 21-064         | Pediatric Telehealth Therapy: Case Studies/Parent Training/Behavioral Challenges         | AdvantageCEUs.com     | Professional Practice | Online             | 2.0          | N/A                | 11/17/2020              |

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| 21-065         | Auto Immune Diseases: An Introduction to Rehabilitation and QOL Issues          | AdvantageCEUs.com           | Professional Practice | Online             | 2.0          | N/A                   | 11/17/2020              |
|----------------|---|-----------------------------|-----------------------|--------------------|--------------|-----------------------|-------------------------|
| 21-066         | Dementia: Understanding the Science, Symptoms & Stages for Optimal Patient Care | AdvantageCEUs.com           | Professional Practice | Online             | 1.0          | N/A                   | 11/17/2020              |
| 21-067         | Facial Rehabilitation   | AdvantageCEUs.com           | Professional Practice | Online             | 4.0          | N/A                   | 11/17/2020              |
| 21-068         | Lumbar Stenosis   | AdvantageCEUs.com           | Professional Practice | Online             | 2.0          | N/A                   | 11/17/2020              |
| 21-069         | Using Dance with Parkinson's Disease  | AdvantageCEUs.com           | Professional Practice | Online             | 1.0          | N/A                   | 11/17/2020              |
| 21-070         | Pelvic Stability  | AdvantageCEUs.com           | Professional Practice | Online             | 1.50         | N/A                   | 11/17/2020              |
| 21-071         | An Adjunct for Rehabilitation   | AdvantageCEUs.com           | Professional Practice | Online             | 2.0          | N/A                   | 11/17/2020              |
| 21-072         | Push, Pull, Squat, Hinge – Analyzing and Improving 4 Common Movement Patterns   | AdvantageCEUs.com           | Professional Practice | Online             | 2.0          | N/A                   | 11/17/2020              |
| 21-073         | Assessment of Functional Skills in the Educational Environment                  | AdvantageCEUs.com           | Professional Practice | Online             | 2.0          | N/A                   | 11/17/2020              |
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| 21-074         | Legal and Ethical Practice in Hawaii  | PhysicalTherapy.com         | Ethics                | Online             | 2.0          | N/A                   | 1/12/2021               |
| 21-075         | Ethics, Laws and Jurisprudence for Physical Therapy Professionals               | Biologix Solutions LLC      | Ethics                | Online             | 2.0          | 2021-2022             | 1/12/2021               |
| 21-076         | Myofascial Mobilization   | Myofascial Release Seminars | Professional Practice | Live               | 12.0         | Varius (held in 2021) | 1/12/2021               |
| 21-077         | Pediatric Myofascial Release  | Myofascial Release Seminars | Professional Practice | Live               | 12.0         | Varius (held in 2021) | 1/12/2021               |
| 21-078         | Myofascial Release I  | Myofascial Release Seminars | Professional Practice | Live               | 20.0         | Varius (held in 2021) | 1/12/2021               |

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| 21-079  | Fascial-Pelvis Myofascial Release   | Myofascial Release Seminars | Professional Practice | Live        | 20.0  | Varius (held in 2021)  | 1/12/2021        |
|---------|---|-----------------------------|-----------------------|-------------|-------|------------------------|------------------|
| 21-080  | Cervical Thoracic Myofascial Release  | Myofascial Release Seminars | Professional Practice | Live        | 20.0  | Varius (held in 2021)  | 1/12/2021        |
| 21-081  | Myofascial Unwinding  | Myofascial Release Seminars | Professional Practice | Live        | 20.0  | Varius (held in 2021)  | 1/12/2021        |
| 21-082  | Myofascial Release II   | Myofascial Release Seminars | Professional Practice | Live        | 20.0  | Varius (held in 2021)  | 1/12/2021        |
| 21-083  | Women's Health Myofascial Release   | Myofascial Release Seminars | Professional Practice | Live        | 25.0  | Varius (held in 2021)  | 1/12/2021        |
| 21-084  | Functional Capacity Evaluation + Return to Work + Work Hardening/Work Conditioning Certification Course | OCCUPRO                     | Professional Practice | Online      | 21.50 | N/A                    | 1/12/2021        |
| 21-085  | Hawaii Physical Therapy Ethics & Jurisprudence  | AdvantageCEUs.com           | Ethics                | Online      | 2.0   | N/A                    | 11/17/2020       |
| 21-086  | Foundations in Manual Therapy   | Walt Fritz, PT              | Professional Practice | Live        | 16.0  | 3/23-3/24/2021         | 3/9/2021         |
| 21-087  | A Step Ahead: Effective Management of Excessive Pronation – Webinar                                     | Surestep                    | Professional Practice | Webinar     | 2.0   | 3/16/2021              | 3/9/2021         |
| 21-088  | RunTech Video Gait Analysis and Re-Training   | OrthoSport Hawaii           | Professional Practice | Live        | 15.0  | 6/26-17/21             | 5/11/2021        |
| 21-089  | Integrated Assessment and Management of the Lower Quadrant  | ASPIRE OMT                  | Professional Practice | Live        | 21    | 3/12-14/21; 3/19-21/21 | 5/11/2021        |
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| 21-090  | COMT-2 Cervical: Gateway to musculoskeletal therapy   | ASPIRE OMT                  | Professional Practice | Live        | 21    | 4/23-24/21             | 5/11/2021        |
| 21-091  | Pediatric Bowel and Bladder Disorders   | Kids Bowel and Bladder      | Professional Practice | Online      | 17.6  | 2021-2022              | 5/11/2021        |

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| 21-092 | Movement Links Series   | David Kurihara   | Professional Practice | Live         | 28 Lower Quarter/28 Upper Quarter | 2021-2022                  | 7/13/2021 |
| 21-093 | Concussion Summit 2021  | Hawaii Concussion Awareness & Management Program/University of Hawaii at Manoa                                   | Professional Practice | Webinar      | 10                                | 7/8-9/2021                 | 7/13/2021 |
| 21-094 | Meet the Challenges of Your Infection Prevention & Control Program Post COVID-19            | Healthcare Association of Hawaii/Hawaii Hospital Education and Research Foundation                               | Professional Practice | Webinar      | 3                                 | 7/2021 -9/2021             | 7/13/2021 |
| 21-095 | Hawaii Pacific Health Sports Medicine Symposium 2021  | Hawaii Pacific Health  | Professional Practice | Live/Webinar | 4                                 | 5/22/2021                  | 7/13/2021 |
| 21-096 | The Pelvic Floor the Diaphragm, the Core and their Role in Postural Development in Children | Kids Bowel and Bladder   | Professional Practice | Online       | 6                                 | 2021-2022                  | 7/13/2021 |
| 21-097 | Resistance Training for Low Back Pain   | Dr. Kelsey Kuehn, PT, DPT, CSCS  | Professional Practice | Live         | 2                                 | 8/11/2021                  | 9/14/2021 |
| 21-098 | Functional Capacity Evaluation Training Course  | OCCUPRO  | Professional Practice | Live         | 22.5                              | 8/27-29/21                 | 9/14/2021 |
| 21-099 | SMT-4: Spinal Segmental Manipulation Part A&B   | ASPIRE OMT   | Professional Practice | Live         | 42                                | 11/5-7/21 & 11/12-14/21    | 11/9/2021 |
| 21-100 | Ethics, Laws, and Rules, for Hawaii Physical Therapists                                     | Elite Professional Education LLC   | Ethics                | Online       | 2                                 | 2021-2022                  | 11/9/2021 |
| 21-101 | Safe Travel for All Children: Transporting Children with Special Healthcare Needs Training  | Keiki Injury Prevention Coalition (co-sponsored Hawaii Department of Transportation and Kapiolani Medical Center | Professional Practice | Live         | 11.5                              | 11/16-17/21 or 11/18-19/21 | 11/9/2021 |

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**2022 COURSES**

| INDEX # | PROGRAM TITLE   | SPONSOR'S NAME            | CATEGORY              | COURSE TYPE | UNITS | COURSE DATE                        | DATE OF APPROVAL |
|---------|---|---------------------------|-----------------------|-------------|-------|------------------------------------|------------------|
| 22-001  | Foundations in Manual Therapy: Voice and Swallowing Disorders | Walt Fritz, PT            | Professional Practice | Live        | 14    | 1/20/22-1/21/22                    | 1/11/2022        |
| 22-002  | Advanced Full Body Online                                     | Active Release Techniques | Professional Practice | Webinar     | 3.5   | 3/15/22; 6/7/22; 9/13/22; 12/13/22 | 1/11/2022        |
| 22-003  | Advanced Full Body  | Active Release Techniques | Professional Practice | Live        | 7.5   | 2/13/2022                          | 1/11/2022        |
| 22-004  | Nerve   | Active Release Techniques | Professional Practice | Live        | 22.5  | 2/10/22 - 2/12/22                  | 1/11/2022        |
| 22-005  | Upper Extremity Level 1                                       | Active Release Techniques | Professional Practice | Live        | 15    | 2/4/22 - 2/6/22                    | 1/11/2022        |
| 22-006  | Upper Extremity Level 1                                       | Active Release Techniques | Professional Practice | Live        | 15    | 11/11/22 - 11/13/22                | 1/11/2022        |
| 22-007  | Spine Level 1   | Active Release Techniques | Professional Practice | Live        | 15    | 7/15/22 - 7/17/22                  | 1/11/2022        |
| 22-008  | Full Body Level 1   | Active Release Techniques | Professional Practice | Live        | 42.75 | 2/20/22 - 2/26/22                  | 1/11/2022        |
| 22-009  | Full Body Level 1   | Active Release Techniques | Professional Practice | Live        | 42.75 | 5/1/22 - 5/7/22                    | 1/11/2022        |
| 22-010  | Full Body Level 1   | Active Release Techniques | Professional Practice | Live        | 42.75 | 7/24/22 - 7/30/22                  | 1/11/2022        |
| 22-011  | Full Body Level 1   | Active Release Techniques | Professional Practice | Live        | 42.75 | 9/25/22 - 10/1/22                  | 1/11/2022        |
| 22-012  | Full Body Level 1   | Active Release Techniques | Professional Practice | Live        | 42.75 | 12/4/22 - 12/10/22                 | 1/11/2022        |
|         |   |                           |                       |             |       |                                    |                  |
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| 22-013  | Advanced Full Body Level 2                                    | Active Release Techniques | Professional Practice | Live        | 7.5   | 8/25/22 - 9/15/22                  | 1/11/2022        |
| 22-014  | Lower Extremity Level 1                                       | Active Release Techniques | Professional Practice | Live        | 15    | 3/4/22 - 3/6/22                    | 1/11/2022        |

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| 22-015 | Lower Extremity Level 1   | Active Release Techniques | Professional Practice | Live                       | 15   | 8/19/22 - 8/21/22   | 1/11/2022 |
| 22-016 | Lower Extremity Level 1   | Active Release Techniques | Professional Practice | Live                       | 15   | 9/16/22 - 9/18/22   | 1/11/2022 |
| 22-017 | Lower Extremity Level 1   | Active Release Techniques | Professional Practice | Live                       | 15   | 10/15/22 - 10/17/22 | 1/11/2022 |
| 22-018 | Lower Extremity Level 1   | Active Release Techniques | Professional Practice | Live                       | 15   | 6/10/22 - 6/12/22   | 1/11/2022 |
| 22-019 | Upper Extremity Level 1   | Active Release Techniques | Professional Practice | Live                       | 15   | 9/9/22 - 9/11/22    | 1/11/2022 |
| 22-020 | Spine Level 1   | Active Release Techniques | Professional Practice | Live                       | 15   | 5/20/22 - 5/22/22   | 1/11/2022 |
| 22-021 | Spine Level 1   | Active Release Techniques | Professional Practice | Live                       | 15   | 3/11/22 - 3/13/22   | 1/11/2022 |
| 22-022 | Spine Level 1   | Active Release Techniques | Professional Practice | Live                       | 15   | 9/16/22 - 9/18/22   | 1/11/2022 |
| 22-023 | COMT-1 Lumbar Gateway to musculoskeletal therapy                            | ASPIRE OMT                | Professional Practice | Live                       | 21   | 1/8/22-1/9/22       | 3/8/2022  |
| 22-024 | COMT-1 Lumbar Gateway to musculoskeletal therapy                            | ASPIRE OMT                | Professional Practice | Live                       | 21   | 1/29/22-1/30/22     | 3/8/2022  |
| 22-025 | SMT-5 Integrated Advanced Clinical Reasoning                                | ASPIRE OMT                | Professional Practice | Live                       | 21   | 2/25/22-2/27/22     | 3/8/2022  |
| 22-026 | Fixing You® Method for Solving Difficult Pain Problems                      | Rick Olderman, MSPT       | Professional Practice | Downloadable Online Course | 23   | 1/1/22-12/31/22     | 3/8/2022  |
| 22-027 | Advanced Full Body  | Active Release Techniques | Professional Practice | Live                       | 7.5  | 10/2/2022           | 5/10/2022 |
| 22-028 | Nerve   | Active Release Techniques | Professional Practice | Live                       | 22.5 | 9/30/22-10/2/22     | 5/10/2022 |
| 22-029 | Lower Extremity Level 1   | Active Release Techniques | Professional Practice | Live                       | 15   | 9/30/22-10/1/22     | 5/10/2022 |
| 22-030 | Cardiovascular and Pulmonary Specialty (CCS) Examination Preparatory Course | Good Heart Education      | Professional Practice | Webinar                    | 50   | 8/20-2/21           | 7/12/2022 |

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| 22-031 | Foot and Ankle Rehabilitation | Forward Movement Analysis and Rehabilitation LLC | Professional Practice | Live | 16 | 7/30/22-7/31/22 | 7/12/2022 |
|--------|-------------------------------|--|-----------------------|------|----|-----------------|-----------|